

Amendments to the Claims:

Claims 1-10 (canceled)

11. (Previously presented) A pair of golf shoes comprising:

a right foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a right foot and an outside portion at the other lateral side adapted to receive a little toe portion of the right foot;

a left foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a left foot and an outside portion at the other lateral side adapted to receive a little toe portion of the left foot;

an inflatable sealed bag provided only at said outside portion of said forward portion of said sole of only one of said right foot shoe and said left foot shoe, said inside portion of said forward portion of said sole of said one of said right foot shoe and said left foot shoe having no inflatable sealed bag thereat, and the other of said right foot shoe and said left foot shoe having no inflatable sealed bag;

wherein said inflatable sealed bag has an air port through which air can be injected to inflate said sealed bag; and

wherein said sealed bag is arranged at said outside portion of said forward portion of said sole of said one of said right foot shoe and said left foot shoe so that, when a corresponding one of the right foot and the left foot is received in said one of said right foot shoe and said left foot shoe and said sealed bag is inflated, the little toe portion of the one of the right foot and the left foot is raised relative to the big toe portion of the one of the right foot and the left foot.

12. **(Previously presented)** The pair of golf shoes according to claim 11, wherein said rearward portion of said sole of said one of said right foot shoe and said left foot shoe has no inflatable sealed bag thereat.

13. **(Previously presented)** The pair of golf shoes according to claim 11, further comprising a hand pump communicated with said air port of said sealed bag for use in inflating said sealed bag.

14. **(Previously presented)** The pair of golf shoes according to claim 13, further comprising a release valve coupled to said sealed bag for releasing air from said sealed bag.

15. **(Previously presented)** The pair of golf shoes according to claim 14, wherein each of said right foot shoe and said left foot shoe includes a tongue; and said hand pump and said release valve are buried in said tongue of said one of said right foot shoe and said left foot shoe.

16. **(Previously presented)** The pair of golf shoes according to claim 13, wherein each of said right foot shoe and said left foot shoe includes a tongue; and said hand pump is buried in said tongue of said one of said right foot shoe and said left foot shoe.

17. **(Previously presented)** The pair of golf shoes according to claim 13, wherein said hand pump is integrated as part of said one of said right foot shoe and said left foot shoe.

18. **(New)** A pair of golf shoes for a right-handed golfer who swings a golf club from right to left during downswing, comprising:

a right foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a right foot and an outside portion at the other lateral side adapted to receive a little toe portion of the right foot;

a left foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a left foot and an outside portion at the other lateral side adapted to receive a little toe portion of the left foot;

an inflatable sealed bag provided only at said outside portion of said forward portion of said sole of said left foot shoe, said inside portion of said forward portion of said sole of said left foot shoe having no inflatable sealed bag thereat, and said right foot shoe having no inflatable sealed bag;

wherein said inflatable sealed bag has an air port through which air can be injected to inflate said sealed bag; and

wherein said sealed bag is arranged at said outside portion of said forward portion of said sole of said left foot shoe so that, when the left foot is received in said left foot shoe and said sealed bag is inflated, the little toe portion of the left foot is raised relative to the big toe portion of the left foot.

19. (New) The pair of golf shoes for a right-handed golfer according to claim 18, wherein said rearward portion of said sole of said left foot shoe has no inflatable sealed bag thereat.

20. (New) The pair of golf shoes for a right-handed golfer according to claim 18, further comprising

a hand pump communicated with said air port of said sealed bag for use in inflating said sealed bag.

21. (New) The pair of golf shoes for a right-handed golfer according to claim 20, further comprising

a release valve coupled to said sealed bag for releasing air from said sealed bag.

22. (**New**) The pair of golf shoes for a right-handed golfer according to claim 21, wherein each of said right foot shoe and said left foot shoe includes a tongue; and said hand pump and said release valve are buried in said tongue of said left foot shoe.

23. (**New**) The pair of golf shoes for a right-handed golfer according to claim 20, wherein each of said right foot shoe and said left foot shoe includes a tongue; and said hand pump is buried in said tongue of said left foot shoe.

24. (**New**) The pair of golf shoes for a right-handed golfer according to claim 20, wherein said hand pump is integrated as part of said left foot shoe.

25. (**New**) A pair of golf shoes for a left-handed golfer who swings a golf club from left to right during downswing, comprising:

a right foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a right foot and an outside portion at the other lateral side adapted to receive a little toe portion of the right foot;

a left foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a left foot and an outside portion at the other lateral side adapted to receive a little toe portion of the left foot;

an inflatable sealed bag provided only at said outside portion of said forward portion of said sole of said right foot shoe, said inside portion of said forward portion of said sole of said right foot shoe having no inflatable sealed bag thereat, and said left foot shoe having no inflatable sealed bag;

wherein said inflatable sealed bag has an air port through which air can be injected to inflate said sealed bag; and

wherein said sealed bag is arranged at said outside portion of said forward portion of said sole of said right foot shoe so that, when the right foot is received in said right foot shoe and said sealed bag is inflated, the little toe portion of the right foot is raised relative to the big toe portion of the right foot.

26. (New) The pair of golf shoes for a left-handed golfer according to claim 25, wherein said rearward portion of said sole of said right foot shoe has no inflatable sealed bag thereat.

27. (New) The pair of golf shoes for a left-handed golfer according to claim 25, further comprising

a hand pump communicated with said air port of said sealed bag for use in inflating said sealed bag.

28. (New) The pair of golf shoes for a left-handed golfer according to claim 27, further comprising

a release valve coupled to said sealed bag for releasing air from said sealed bag.

29. (New) The pair of golf shoes for a left-handed golfer according to claim 28, wherein each of said right foot shoe and said left foot shoe includes a tongue; and said hand pump and said release valve are buried in said tongue of said right foot shoe.

30. (New) The pair of golf shoes for a left-handed golfer according to claim 28, wherein each of said right foot shoe and said left foot shoe includes a tongue; and said hand pump is buried in said tongue of said right foot shoe.

31. (New) The pair of golf shoes for a left-handed golfer according to claim 28, wherein said hand pump is integrated as part of said right foot shoe.

32. (New) A method comprising:

providing a pair of golf shoes for a right-handed golfer who swings a golf club from right to left during downswing, said golf shoes comprising

a right foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a right foot and an outside portion at the other lateral side adapted to receive a little toe portion of the right foot,

a left foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a left foot and an outside portion at the other lateral side adapted to receive a little toe portion of the left foot,

an inflatable sealed bag provided only at said outside portion of said forward portion of said sole of said left foot shoe, said inside portion of said forward portion of said sole of said left foot shoe having no inflatable sealed bag thereat, and said right foot shoe having no inflatable sealed bag,

wherein said inflatable sealed bag has an air port through which air can be injected to inflate said sealed bag, and

wherein said sealed bag is arranged at said outside portion of said forward portion of said sole of said left foot shoe so that, when the left foot is received in said left foot shoe and said sealed bag is inflated, the little toe portion of the left foot is raised relative to the big toe portion of the left foot; and

performing a golfclub downswing from right to left while wearing said pair of golf shoes and while said inflatable sealed bag is inflated.

33. (New) A method comprising:

providing a pair of golf shoes for a left-handed golfer who swings a golf club from left to right during downswing, said golf shoes comprising

a right foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of

a right foot and an outside portion at the other lateral side adapted to receive a little toe portion of the right foot,

a left foot shoe having a sole including a rearward portion and a forward portion, said forward portion having an inside portion at one lateral side adapted to receive a big toe portion of a left foot and an outside portion at the other lateral side adapted to receive a little toe portion of the left foot,

an inflatable sealed bag provided only at said outside portion of said forward portion of said sole of said right foot shoe, said inside portion of said forward portion of said sole of said right foot shoe having no inflatable sealed bag thereat, and said left foot shoe having no inflatable sealed bag,

wherein said inflatable sealed bag has an air port through which air can be injected to inflate said sealed bag, and

wherein said sealed bag is arranged at said outside portion of said forward portion of said sole of said right foot shoe so that, when the right foot is received in said right foot shoe and said sealed bag is inflated, the little toe portion of the right foot is raised relative to the big toe portion of the right foot; and

performing a golfclub downswing from left to right while wearing said pair of golf shoes and while said inflatable sealed bag is inflated.